

AUTUMN/WINTER - MENU 2015

DATE: June 2015

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					
Lunch	Macaroni Cheese	Chicken Casserole	Sweet & Sour Pork	Sausages & Chips	Salmon Quiche
Dessert	Apple Pie	Chocolate Mousse	Peaches & Icecream	Yoghurt	Fruit Salad
Afternoon Tea	Savory Muffins	Mouse Traps	Cake	Pikelets	Muffins
WEEK 2					
Lunch	Egg/Bacon Pie	Home made Fish & Chips	Beef Casserole	Roast Chicken & Veges	Vege Lasagne
Dessert	Yoghurt	Icecream	Fruit Sponge	Self saucing Pudding	Stewed Apples
Afternoon Tea	Cup Cakes	Kids made Pizza	Cheese Scones	Jam Drops	Chocolate Cake
WEEK 3					
Lunch	Sausages & Mash	Quiche & Coleslaw	Lamb Roast	Macaroni Cheese	Pita Pockets
Dessert	Fruit Salad/Icecream	Fruit Sponge	Yoghurt	Custard & Fruit	Yoghurt
Afternoon Tea	Pikelets	Mouse Traps	Muffins	Cake	Sausage Rolls
WEEK 4					
Lunch	Fish Pie	Sausages/Mash Potatoes	Corn Fritters & Bacon	Beef & Rice	Big Kids Lunch
Dessert	Instand Pudding	Yoghurt	Apple Pie	Icecream & Fruit	Own Choice
Afternoon Tea	Savouries	Cake	English Muffins	Pikelets	Pinwheel Scones

Afternoon tea

Afternoon teas should always have a selection of protein;luncheon, cheese, yoghurt, carbohydrate and fruit/vegetable for a balanced meal.

Children are given water at each meal time and throughout the day

Babies or toddlers who require bottles are given these as directed by parents. By two years most children do not need a bottle during the day

We will provide vegetarian meals [with in reason] for children if asked